

UNFURL:

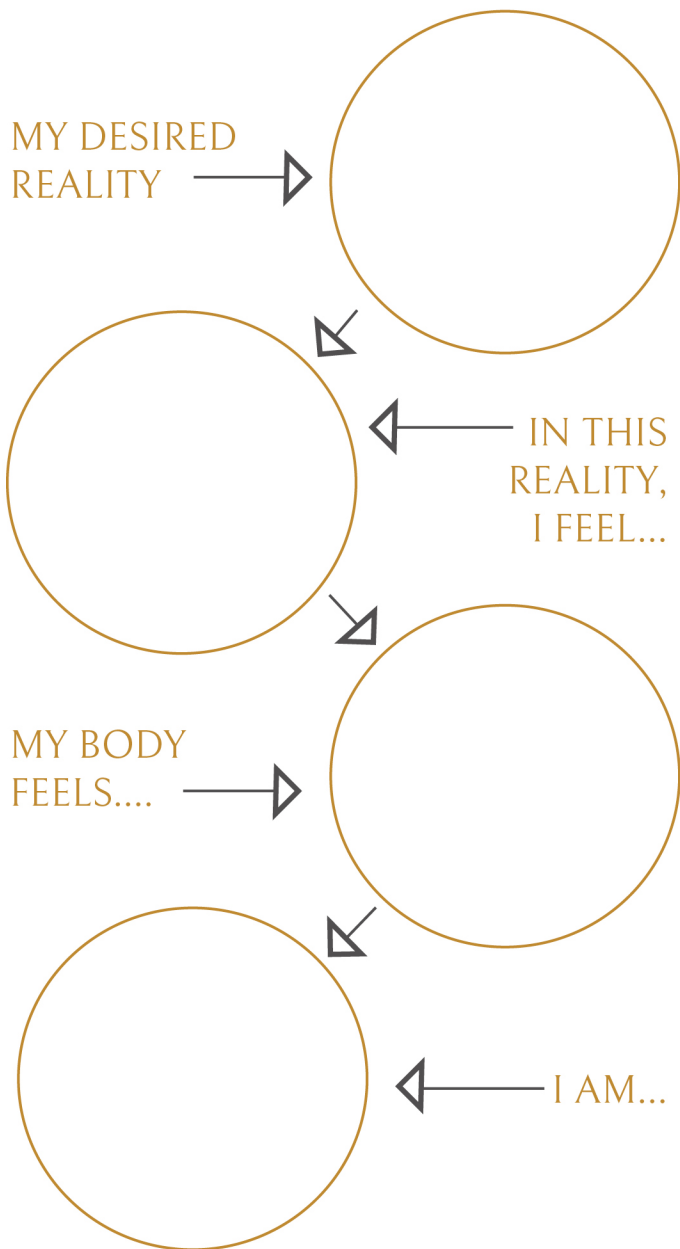
Accepting pain as the path to unconditional joy

BY KARI RIVERS • SEEDS OF SATYA

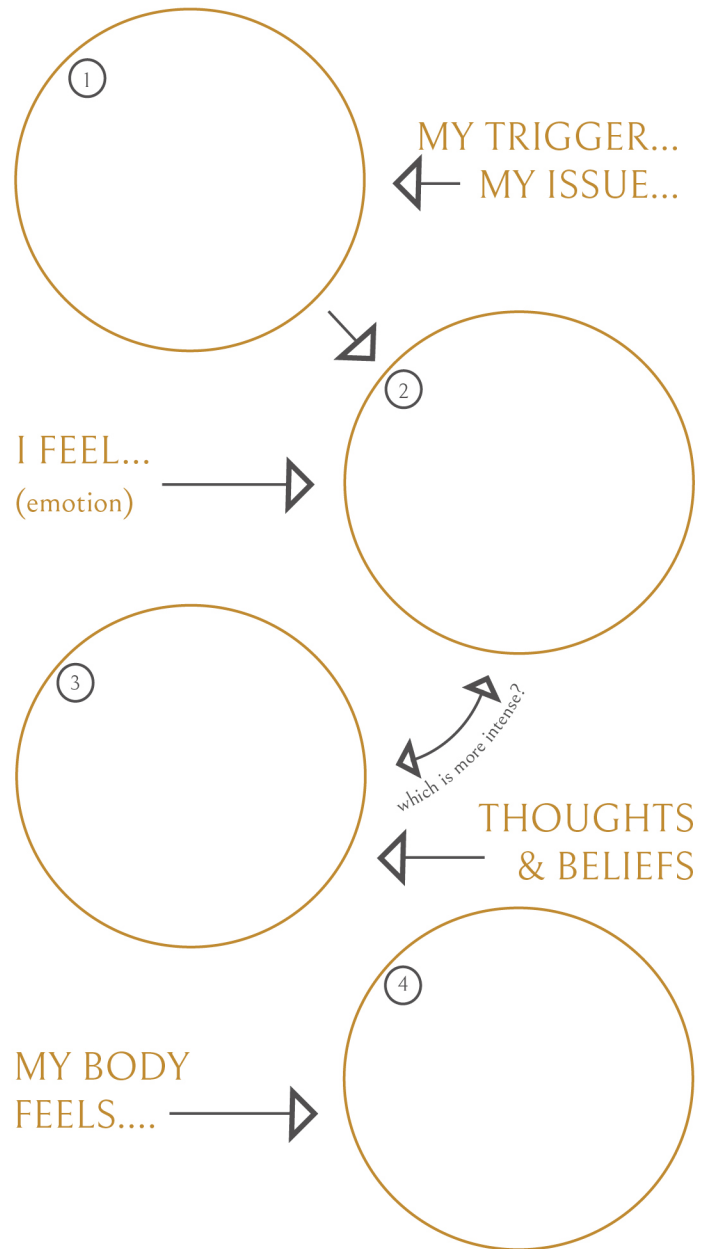
BEFORE YOU BEGIN TO WORK WITH THIS GUIDE, PLEASE TAKE A MOMENT TO:

- ACCEPT YOUR PRESENT MANIFESTED REALITY
- SET YOUR INTENTION TO NO LONGER AVOID, BUT TO LICK YOUR WOUNDS AND UNFURL INTO YOUR WISDOM AND UNCONDITIONAL JOY.

ALTERNATIVE POTENTIAL REALITY

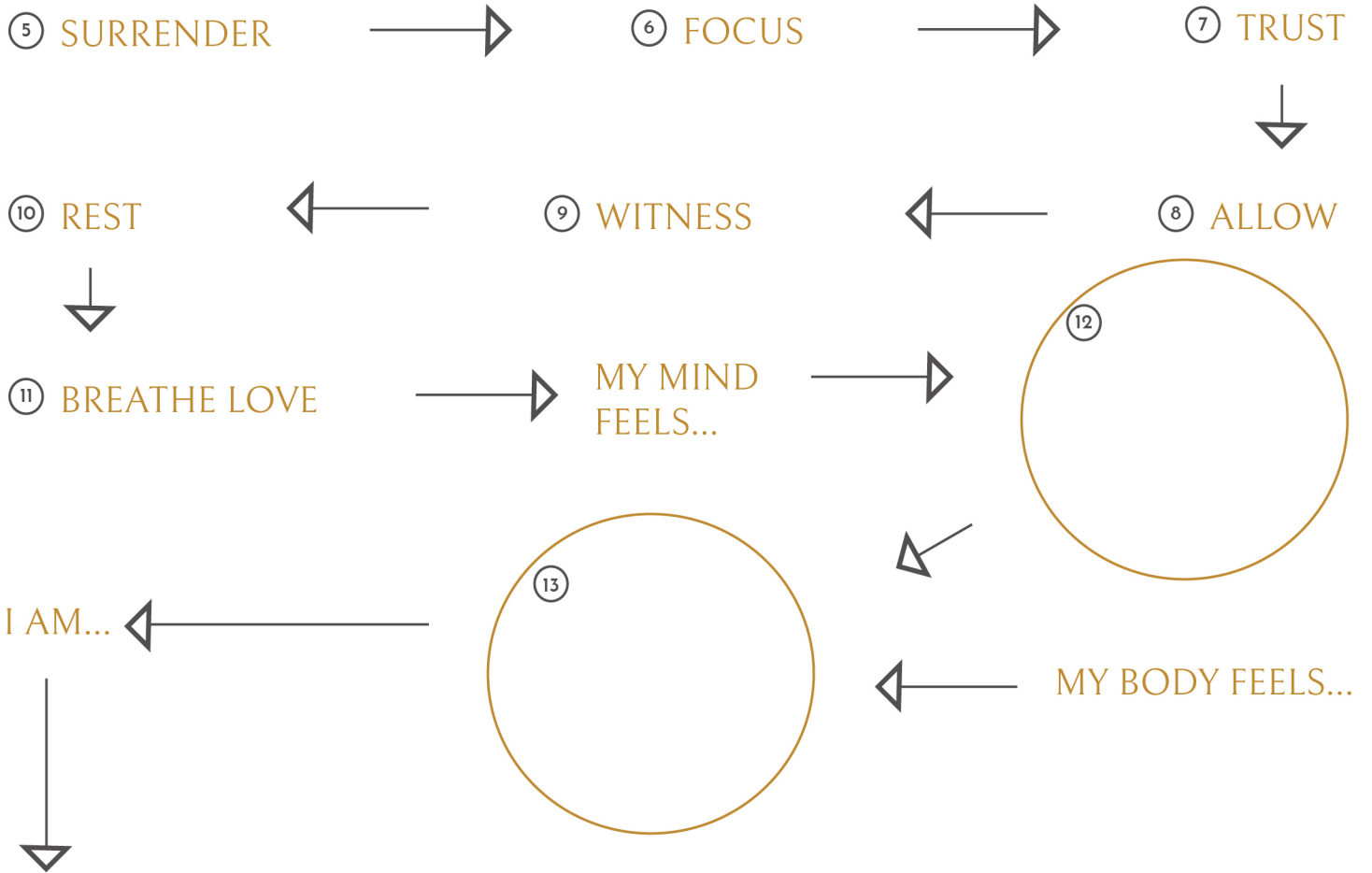


EXISTING REALITY



“THE HEART DOES NOT SPEAK OR THINK. IT FEELS. IT KNOWS.”

STEPS 5-9 CAN TAKE MINUTES OR HOURS. BE PATIENT.



“YOU ARE DIVINE INTELLIGENCE, A MYSTERY BEGGING TO BE KNOWN.”

-KARI